



**Subject**

Your Duphalac-Newsletter - Get to the bottom of the cause

**Body**

Dear **Madam,**

Dear **Sir,**

With the free Duphalac Newsletter you will regularly receive interesting tips on what you can do to promote healthy digestion.

**Not every remedy is right for constipation**

**Promote bowel regulation gently and safely.**

Millions of people throughout the world suffer from chronic constipation. The result is discomfort and pain that greatly impair the quality of life of those affected. Women are affected in particular, especially after the menopause.

Anyone suffering from constipation and persistent digestive disorders should first consult their doctor. Unchecked use of laxatives can result in unwanted side effects. Some of the customary medications can make the bowel sluggish permanently, which ultimately only leads to further constipation.

However, lactulose is different. This prebiotic stimulates the growth and activity of the bacteria of the intestinal flora. This assists gentle and safe bowel regulation in a natural manner, and does not produce habituation and dependence.

Your Duphalac Team

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